

# Manual Task Description Form



Task :

Date :

Assessor :

Workplace :

Task Description :

Tools and Materials :

Physical Demands :

Environmental Conditions :

# ErgoAnalyst - Manual Task Risk Assessment Tool



## Environmental Hazards :

- Stress
- Time pressures
- Lack of control
- Cold/Heat
- Cognitive overload
- Cognitive underload

## Localised vibration

- Low
- Moderate
- High

## Whole-body vibration

- Low
- Moderate
- High

## Likelihood

- Unlikely
- Possible
- Likely
- Certain

## Pinch Point

### Consequence

- Minor
- Medium
- Serious
- Major

## Physical Hazards :

Risk Level	Exertion	Exposure	Posture	Movement
<b>Green (G)</b>	Low force and speed	Task performed infrequently for short periods	Comfortable postures within a normal range about neutral	Varied movement patterns
<b>Yellow (Y)</b>	Moderate force or speed, but well within capability	Task performed regularly, but with many breaks or changes of task	Uncomfortable postures, but not approaching an extreme range of motion	Little or no movement, or repeated similar movement patterns
<b>Orange (O)</b>	High force or speed, but no close to maximum	Task performed regularly, but without many breaks or changes of task	Postures approaching an extreme range of motion	Repeated identical movement patterns
<b>Red (R)</b>	Force or speed close to maximum	Task performed continuously for the majority of the shift	NA	NA
Body Part	L Exertion R	L Exposure R	L Posture R	L Movement R
Shoulders				
Arms				
Legs				
Back				